

TOO BUSY TO LEARN



Learning Needs Somewhere To Land

Recently, I realised I had become too busy to learn.

That sounds ridiculous, especially for someone who has spent much of his life telling others that learning is everywhere. But there it was. My head had become so full of must-dos, should-dos and things that apparently could not wait, that I had stopped noticing what was right in front of me.

Learning does not always arrive with a course title, a certificate, or a neatly printed handout.

Sometimes it comes from watching someone good make something difficult look simple.

Sometimes it comes from asking a better question. Sometimes it comes from being reminded of something we once knew but had quietly stopped using.

Sometimes it comes from changing our mind.

I have changed my mind many times over the years. I used to see that as inconsistency. I now think it may be something else. Most decisions are made with the best information available at the time. When better information arrives, we are allowed to adjust.

I have long believed that improvement is not only about learning new things. At a certain point, it is also about remembering what we have forgotten.

That, I think, is where I had slipped. I was still interested. Still curious. Still reading, watching and listening. But I had not made enough space to think properly about what any of it meant.

So this is my attempt to change that.

There will be no attempt to add more noise, more activity, or another target to my already overcrowded mind. I will simply make more room to notice:

... what I am learning.

... what I have forgotten.

... when better information has arrived.

Perhaps learning was never the problem.

Perhaps I had simply stopped giving it somewhere to land.

A Moment To Reflect

Learning does not always need more information. Sometimes it needs more space. Space to notice, question, remember, and allow a better thought to settle.

What did you know that you had to relearn this week?

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