

WHEN PLANS MEET LIFE



Expectations and reality

Disappointment often starts in the gap between what we expected and what actually happened.

The relationship we assumed would always be steady. The job that looked simple until someone changed the rules. The plan that seemed obvious until reality decided otherwise.

I have often expected good things to happen, then felt frustrated when they did not. Or perhaps more accurately, when they did happen, but not in the way I had imagined.

That small difference can be enough.

I see it in business. I see it in sport. I see it in myself.

When I work with people or organisations, I want them to improve. Of course I do. I can see the potential. I can imagine the next step. Sometimes I may even be guilty of wanting that step more clearly than they do.

But progress is rarely as neat as the plan.

People stall. Circumstances change. Confidence dips. Priorities move. What looked like a straight line turns out to have corners, delays and a few unexpected roadworks.

That does not mean the process has failed.

It may simply mean that expectation and reality need to have another conversation.

There is a difference between adjusting and giving up. I think I am learning to pay more attention to that difference.

Stay hopeful, yes.

But leave enough room for life to be life.

A Moment To Reflect

It is easy to feel disappointed when reality does not match the picture we had in mind.

It may be worth asking: was the plan wrong, or did I leave too little room for people, circumstances and life to move at their own pace?

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